

WEEKLY NEWSLETTER FOR FAMILIES & RESIDENTS

A Message from Your Executive Director

Dear Residents and Families,

The energy around the community has been so wonderful this past week! It is great to see families and friends visiting with loved ones.



We received a number of Ladybugs this week which are always fun to deliver. The photos of grandkids were a big hit!

I have received many calls about travel either to or from Vermont and details of the quarantine requirements. Here is the link to the Vermont travel guidance: <https://accd.vermont.gov/covid-19/restart/cross-state-travel>. It is really important for the health of residents and staff that you adhere to the guidance from the State of Vermont Department of Health when making your plans. Each individual choice related to travel can impact the health of all of our residents and staff. Information on this site is constantly updated based on the number of cases reported in a given area. Please reach out to me if you have any questions.

This week I would like to update you on our Village transportation guidelines. We have returned to using our Village bus for activities and medical appointments. For medical appointments, we offer first-come-first-serve transportation on Monday, Wednesday and Friday. We will always do our best to accommodate these important appointments so the more notice you can provide the better.



AUGUST 3, 2020

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Additionally, we have started to allow family to transport residents to appointments in their own personal vehicles. Of course, we ask you to use the utmost caution in order to limit potential exposure. Please notify the nursing team of appointments you are providing transportation to so they have the documentation ready for the appointment. This documentation will include questions and/or necessary correspondence with the medical provider which will then need to be returned to the nursing team following the appointment. We appreciate your assistance in this effort.

Have a wonderful week and please do not hesitate to reach out at any time!

Warmly,

Jodi Egger
Executive Director



Ladybug Program

Our residents delight in each week's surprise Ladybug! We encourage our families to join the fun and this week, email a wedding photo! We will create an activity with residents guessing which resident is in each photo. We know our residents will have a few laughs and a grand time reminiscing.

Please email your photos to traceysamantha@thevillageatwrj.com before Thursday/Friday of this week so Sam can get them printed out to deliver to residents on Saturday.

Community Connection:

This past week Village residents were thrilled to resume our popular Scenic Drives on The Village van. Geoff, Director of Plant Operations, drove residents through downtown Hanover and into Lyme by Post Pond. We plan to continue these drives weekly on Tuesdays and Thursdays for a pleasant change of scenery. Dr. Benoit, a podiatrist from Gifford Medical Center, spent Tuesday at The Village to address nail cutting needs and plans to visit on a regular basis.

Our residents love getting their weekly Ladybugs! Keep 'em coming!

Our Chef has been harvesting and using vegetables and herbs from Greenough Garden for resident meals.

Next week we look forward to enjoying fresh watermelon on Cantore Terrace to celebrate National Watermelon Day, a virtual art class for Seniors through AVA Art Gallery, and a BBQ lunch on the terrace.





COMMUNITY UPDATES/ACTIVITIES



HEARTFELT CONNECTIONS MEMORY CARE TRAINING.





WEEKLY TALK TIME

Topic: Anything!
Friday, August 7 at 2pm

Talk Time this week is with Jodi and will be an open forum – bring your questions on any topic! 2pm on Friday is the time to share your thoughts. Bring your comments, suggestions and ideas and be a part of the process to help us grow our community.

Join this week's conversation at the Zoom link below.

Please email Jodi at **eggerjodi@lcsnet.com** if you have topics you want to suggest for the weekly TALK TIME zoom.

<https://us02web.zoom.us/j/85761220670>



WEEKLY SURVEY

We'd like to hear from you about our re-opening the community to visitors.

Complete the survey:

<https://www.surveymonkey.com/r/CTYRQS9>



Team Member Spotlight:

Grace Johnson

Quality of Life Specialist – Memory Care

Grace is fast approaching her one-year anniversary of work at The Village – happy anniversary, Grace! We have been lucky to have her caring attitude and calm steadiness as part of our residents' care team. When she isn't working Grace's favorite pastime is spending time with her family. We're glad to have her as part of ours.

Please say hello next time you see her in the Community.

PLEASE NOTE – Just for the photos we asked them to remove their masks so you could see their smiling faces!



NATIONAL UPDATES

ADVOCATING FOR SENIOR LIVING

Standing with Seniors Campaign:

From a little closer to home comes Tens of thousands of senior living advocates have already participated in the campaign, helping to advance our priorities in the House-passed HEROES Act. And while we continue to make progress educating lawmakers on the needs of senior living communities, we know that as a final compromise bill is crafted, lawmakers will be looking to hear from constituents who can help share with them the on-the-ground needs locally in their communities.



Taking part in these campaigns only takes a few minutes. Participants only need to enter their contact information to match with their lawmakers and click “send message.” These campaigns are mobile-friendly, so you may consider asking your community members to take action from tablets, cell phones, or other devices. Even if you have participated previously, you can still take part in this campaign by sending this new revised letter to Congress.

Take action: <https://standingwithseniors.com/help/>



One Voice Children's Choir

From humble beginnings rehearsing in their choir director's living room to the 2002 Winter Olympics, ONE VOICE CHILDREN'S CHOIR now has 140 members age 4 – 17. Typically they rehearse weekly for their 50-70 performances worldwide, but when the Corona virus kept everybody home, they created, perhaps the best Zoom performance of all! Here they are covering Maroon 5's Memories.



Check it Out:

https://youtu.be/5ShyN_YPCUg

Beyond the Canvas

BEYOND THE CANVAS features the best arts and culture reporting from PBS NewHour's CANVAS art series. Each 30 minute episode is built around a specific theme using artist profiles, interviews and first person narrative segments to explore the idea.

Making it as a musician takes talent, ambition, grit and a good bit of luck. In this episode we sit down with icons Bruce Springsteen, Reba McEntire, Yo-Yo Ma and others to talk about some of their most vulnerable moments.



Watch Online:

<https://www.pbs.org/newshour/show/beyond-the-canvas-episode-1-making-the-music>

COVID-19 IN OUR COMMUNITY



The Village continues to remain COVID-free. We are committed to keeping you informed of how COVID-19 is impacting The Village at White River Junction. We continue our robust commitment to following the guidelines from both the Centers for Disease Control and Prevention and local health authorities by:

- Requiring employees to wear face masks and adhere to additional screening processes
- Increasing the frequency and rigor of cleaning and sanitizing common community areas
- Monitoring visitors inside the community
- Reviewing our emergency preparedness and response program
- Asking residents and employees to communicate any travel plans
- Coordinating best practices across our large partner network
- Making the CDC's COVID-19 prevention resources and recommendations available to all residents

From the Vermont Department of Health:

Wondering what rules to follow if you visit Vermont? Or, if you're returning home to Vermont after a trip out of state? In brief, all visitors coming to or residents returning to Vermont, will need to quarantine in their home for 14 days before doing any activities outside the home like grocery shopping or getting together with friends or family. Visit the link below for full information:

<https://www.healthvermont.gov/response/coronavirus-covid-19/traveling-vermont>



HELPFUL LINKS & STAFF CONTACTS

Centers for Disease Control and Prevention

- www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html
- www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html

LCS COVID-19 website

- www.lcsnet.com/covid-19-update/

Local health department website

- <https://www.healthvermont.gov/local/white-river-junction>

From the Governor

- <https://governor.vermont.gov/covid19response>

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