

# WEEKLY NEWSLETTER FOR FAMILIES & RESIDENTS

## ***A Message from Your Executive Director***

Dear Residents and Families,

It was a delight to send Friday's email letting families know that they are now able to come visit with residents in their apartments. We look very forward to seeing all the familiar faces we've missed over these past months. Please do not hesitate to reach out with questions or clarification on the process.



Just a reminder, please call us a minimum of one-hour before you plan to visit. Also, please note, each resident can have two visitors per day – either together or at different times and your visits can last up to three hours.

We all know that Vermont is a great place to live – but in the past that usually referred to the beautiful landscape, countryside and wonderful people. But now we have another reason to know that Vermont is great. Caring.com, a leading senior referral organization, released a study last week that looked at 11 criteria to determine the safest states in the country for seniors during Covid-19 and ranked Vermont number 1! Here's the full story:

**<https://www.caring.com/coronavirus/best-states-for-seniors-during-covid-19>**

Despite the warmer than average weather the past couple of days, we are all getting outside on the patios, terraces and gardens to soak up the sun. Shade from our nice big umbrellas, a cold beverage and good conversations are making for some very nice afternoons.

Warmly,

Jodi Egger  
Executive Director



## Ladybug Program

Our resident's delight in each week's surprise Ladybug! We encourage our families to join the fun and this week, email a photo of grand or great-grandkids. We know our residents will have a lot of fun sharing their photos with each other!

Please email your photos to [traceysamantha@thevillageatwrj.com](mailto:traceysamantha@thevillageatwrj.com) before Thursday/Friday of this week so Sam can get them printed out to deliver to residents on Saturday.

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## Community Connection:

Greetings Residents and Families,

As the Director of Sales, it is my responsibility to introduce and create an experience for potential new residents. The coronavirus has brought many challenges, but it has also inspired creativity, especially with how we use technology. Since early April, we have used live video to offer personalized virtual tours to introduce new families to our community. In our 'new normal', all of our new families have not been physically inside The Village until the day they move in.

We continue to work to bring new residents to The Village and a meaningful way to grow our family is through word of mouth. Sharing your positive experiences with others speaks loudly and I welcome the opportunity to talk with you and provide you with information should you know someone that may be looking for a Community for themselves or a loved one. I would love to tell you more about our referral program as well.

Technology has opened doors and allowed new residents to join us. I want to thank you for your time and trust through this transitional time. It has been a wonderful experience getting to know you all and I look forward to continued relationships here at The Village.

Please reach out anytime and we can sit down in person or virtually. Thank you for your important role in making your community a place to call home.

Warmly and Sincerely,

Tammy Latvis  
Director of Sales and Marketing  
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## WEEKLY TALK TIME

**Topic: Sales**  
**Friday, July 31 at 2pm**

Talk Time continues this week with Jodi and Tammy, our Director of Sales. 2pm on Friday is the time to share your thoughts with us. Bring your questions, suggestions and ideas and be a part of the process to help us grow our community.

Join this week's conversation at the Zoom link below.

Please email Jodi at [\*\*eggerjodi@lcsnet.com\*\*](mailto:eggerjodi@lcsnet.com) if you have topics you want to suggest for the weekly TALK TIME zoom.

**<https://us02web.zoom.us/j/85761220670>**



## WEEKLY SURVEY

Our sales team works with each new family that moves into The Village and we'd like to hear how we're doing.

**Complete the survey:**

**<https://www.surveymonkey.com/r/MKSKS2B>**





This past week at The Village, Memory Care residents enjoyed playing ring toss outside in Gates Garden, creating paper collages, and watching a nature documentary in Newton Lounge. Assisted Living residents enjoyed another spa day and an evening movie on Friday night. Samantha, Director of Life Enrichment, led Heartfelt Connections -- A Memory Care Program training for new staff members.

This week Chef Adam is breaking out the grill for the first time this year and we're having a socially distanced cookout for residents and staff. Happy Hour will be hosted by Nikki Fortier, Business Office Manager on Thursday evening.

We are excited to announce that Lillian's Salon has re-opened and our stylist is looking forward to seeing residents for refresh and renew hair appointments.

This month we acknowledged housekeeper Katie Heidelmeier as our Employee of the Month. Katie consistently goes above and beyond for our residents and comes to work every day with a smile and a positive attitude. Congratulations to Katie!





## ***Team Member Spotlight:***

**Shari Swantak**

**Quality of Life Specialist and Activity Assistant**

Most of you probably already know Shari as she is visible all over the community, buzzing from helping one resident to another. Shari's energy is contagious and her ability to form relationships with our residents is evident. When she is not working, Shari enjoys spending time outdoors, particularly at the beach in Maine!

Please say hello next time you see her in the Community.

*PLEASE NOTE – Just for the photos we asked them to remove their masks so you could see their smiling faces!*



## NATIONAL UPDATES

### ADVOCATING FOR SENIOR LIVING

#### ***Standing with Seniors Campaign:***

From a little closer to home comes Tens of thousands of senior living advocates have already participated in the campaign, helping to advance our priorities in the House-passed HEROES Act. And while we continue to make progress educating lawmakers on the needs of senior living communities, we know that as a final compromise bill is crafted, lawmakers will be looking to hear from constituents who can help share with them the on-the-ground needs locally in their communities.



Taking part in these campaigns only takes a few minutes. Participants only need to enter their contact information to match with their lawmakers and click “send message.” These campaigns are mobile-friendly, so you may consider asking your community members to take action from tablets, cell phones, or other devices. Even if you have participated previously, you can still take part in this campaign by sending this new revised letter to Congress.

**Take action: <https://standingwithseniors.com/help/>**





## ***Singing in a Stairwell***

The Kings Return, an acapella vocal group rooted in Gospel, jazz, R&B and classical music, recently wowed their fans with a rendition of the classical Latin piece, Ubi caritas. Sung from the heart of an ordinary stairwell, the choral acoustic perfection will send shivers up your spine.

### **Check it Out:**

<https://youtu.be/oCQOXY-FWTK>



## ***The Cornish Arts Colony - Saint-Gaudens & Maxfield Parrish***

At the turn of the century, Augustus Saint-Gaudens, attracted by the natural beauty of the area inspired over 100 artists, sculptors, writers, designers and politicians to live and work in Plainfield and Cornish, NH. This delightful video, hosted by current day descendants of the Arts Colony, takes us into the homes that still exist today and walks us through the history of this unique group that were America's first conservationists, landscape architects, musicians and artists whose legacy includes the Appalachian Trail, the National Park System and many public gardens. The most famous of which is Maxfield Parrish.

### **Watch Online:**

<https://youtu.be/0MUBfYU10e8>



# COVID-19 IN OUR COMMUNITY



The Village continues to remain COVID-free. We are committed to keeping you informed of how COVID-19 is impacting The Village at White River Junction. We continue our robust commitment to following the guidelines from both the Centers for Disease Control and Prevention and local health authorities by:

- Requiring employees to wear face masks and adhere to additional screening processes
- Increasing the frequency and rigor of cleaning and sanitizing common community areas
- Monitoring visitors inside the community
- Reviewing our emergency preparedness and response program
- Asking residents and employees to communicate any travel plans
- Coordinating best practices across our large partner network
- Making the CDC's COVID-19 prevention resources and recommendations available to all residents

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## ***From the Vermont Department of Health:***

Wondering what rules to follow if you visit Vermont? Or, if you're returning home to Vermont after a trip out of state? In brief, all visitors coming to or residents returning to Vermont, will need to quarantine in their home for 14 days before doing any activities outside the home like grocery shopping or getting together with friends or family. Visit the link below for full information:

**<https://www.healthvermont.gov/response/coronavirus-covid-19/traveling-vermont>**



# HELPFUL LINKS & STAFF CONTACTS

## Centers for Disease Control and Prevention

- [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html)
- [www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html](http://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html)

## LCS COVID-19 website

- [www.lcsnet.com/covid-19-update/](http://www.lcsnet.com/covid-19-update/)

## Local health department website

- <https://www.healthvermont.gov/local/white-river-junction>

## From the Governor

- <https://governor.vermont.gov/covid19response>

## STAFF CONTACTS

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