



JUNE 15, 2020

WEEKLY NEWSLETTER FOR FAMILIES & RESIDENTS

A Message from Your Executive Director

Dear Residents and Families,

We are very pleased to announce that we will begin offering Garden Visits to residents and family members this week. We know how important this is and we can't wait to get this new program started. With your help we can continue taking steps forward as we navigate through the phases of opening back up our community under the director of the Governor's Office.



Here is the link to sign up: <https://teamup.com/kszegtj8g4jco615xw>

This is our pilot week so we ask for your help to make this a safe opportunity for families to connect. Residents will be on Greenough Garden and visitors will be on the sidewalk so that we can maintain at least 6 feet of social distancing. We ask that all parties wear a face covering for the duration of the visit.

We are looking forward to seeing familiar faces again!

Feedback on our new weekly newsletter format has been very positive, so look for it to arrive in your email each Monday around dinnertime.

Last week we introduced a short survey as part of our communication and we truly appreciate those that took the time to respond. Each week we will have 3 new questions, so please keep your feedback coming! We will include a brief summary of the previous week's responses in the survey section of the newsletter. Stay safe and well.

Warmly,

Jodi Egger
Executive Director



COMMUNITY UPDATES/ACTIVITIES

New this week, we are offering Garden Visits in addition to our family Zoom/FaceTime/Skype calls. Be sure to check out the link distributed by Samantha Tracey to schedule your next visit. We're here to help insure our residents can spend time with family and friends. Celebrate Father's Day all weekend long with a scheduled Garden Visit with your Dad!

Schedule a visit at: <https://teamup.com/kszegtj8g4jco615xw>

This past week a few of our residents enjoyed some one-on-one attention in our salon. Our staff washed, dried, and styled and the ladies looked refreshed and beautiful.



The weather has been beautiful and we're all getting outside on our terraces and in our gardens.





INTRODUCING: TALK TIME

We are also excited to introduce weekly TALK TIME – an open forum with Executive Director, Jodi Egger and additional guest department heads for a round-table discussion with family members around a selected topic each Friday at 2pm.

This week's topic Ways to Enrich Resident Lives During COVID restrictions. Bring your ideas, suggestions and creativity! Join the conversation via Zoom via the link below.

<https://us02web.zoom.us/j/85761220670>



WEEKLY SURVEY

Thanks to all who participated in our first weekly survey last week. Hearing directly from residents and family members creates an invaluable feedback loop for our team to best serve your needs. It was clear from responses that we need to do better with how we communicate with you. This week's 3 questions drill a bit deeper into that topic so please take just a few minutes to answer this week's questions.

Complete the survey:

<https://www.surveymonkey.com/r/2VWWYQJ>



GOOD NEWS

Department Spotlight: Plant Operations

Geoff and his team spent a busy week getting all our terrace gardens planted. They look beautiful and want to thank them for their hard work toward making our outdoor spaces inviting and alive with greenery, flowers, vegetables and herbs.

Have a green thumb? Or always wanted to learn how to garden? Geoff is looking forward to working with residents and interested family members to tend the herbs and vegetables in Greenough Garden. Before we know it, we'll have home grown tomatoes, bell peppers, green beans and all sorts of herbs in our meals. Chef Adam and the culinary team is excited to incorporate "Patio to Plate" with the harvest.



Community Connection:

Last weekend one of our residents' families hosted a window birthday party. The resident and friends enjoyed the party from inside (socially distanced, of course) while the family mingled, visited, and enjoyed food and drink outside on Greenough Garden. What a joy to share in this special occasion and be witness to the special bonds that were upheld, even through a pane of glass.





A positive result of the current social distancing has been the creation of extraordinary performing arts and cultural content now available on the web. Never-before-seen videos of significant performances, special one-time “live from the living room” shows and lots of “a peak behind the scenes” content is delighting us!

Seniors at Home - Use it or Lose it

Dartmouth Hitchcock’s Aging Resource Center offers online videos for seniors at home who can stand with minimal support. Specially designed for older adults, these exercise are designed to be easy to do in the comfort of your own home and include strength, balance and flexibility.

Learn more:

https://www.dartmouth-hitchcock.org/aging_resource_center/useitloseit.html

Cocktails with a Curator

The Frick Collection live from New York City Whistler’s ‘Mrs. Frances Leyland’

A perfect mix of cocktails and art. Every Friday at 5:00pm remotely join a Frick curator for a happy hour that offers insights on a work of art. Bring your own beverage to this virtual event. You can also view past COCKTAILS WITH A CURATOR on demand at a time that suits you best.

Watch on YouTube:

<https://www.youtube.com/watch?v=vAVlWxw9wh8>



Fun and Useful Apps for Seniors

Old Time Radio 24 is a unique app is for the fans of old radio shows from the 1920s to 1950s and 1970s. Toe tapping, heartwarming reminiscence and a few good chuckles come with hearing the music and radio shows from these bygone eras.

Download here:

<https://apps.apple.com/us/app/old-time-radio-24/id1071613208>





We are committed to keeping you informed of how COVID-19 has impacted The Village. Our community continues to be COVID free and we remain committed to following the guidance from both the Centers for Disease Control and Prevention and local health authorities by:

- Requiring employees to wear face masks and adhere to additional screening processes
- Increased frequency and rigor of cleaning and sanitizing common community areas
- Restricting visitors, including deliveries
- Canceling all on-site group social events and recreational activities
- Reviewing our emergency preparedness and response program
- Asking residents and employees to communicate any travel plans
- Coordinating best practices across our large partner network
- Making the CDC's COVID-19 prevention resources and recommendations available to all residents

NATIONAL UPDATES

ADVOCATING FOR SENIOR LIVING

Your voice is important for the support of senior living communities. Under the leadership of Argentum, the leading national trade association serving companies that own, operate, and support professionally managed senior living communities, we are calling on Congress to take swift action to ensure the safety and wellbeing of residents and staff of the communities as a result of the COVID-19 pandemic.

Please consider writing your legislators to voice your support of our most vulnerable and precious seniors by prioritizing senior living communities for personal protective equipment, testing and federal financial support. The following links can assist you.

Take action:

Residents - <https://www.votervoice.net/Argentum/campaigns/73634/respond>

Family Members - <https://www.votervoice.net/Argentum/campaigns/73633/respond>

Community Staff - <https://www.votervoice.net/Argentum/campaigns/73635/respond>

General Advocates - <https://www.votervoice.net/Argentum/campaigns/74049/respond>



HELPFUL LINKS & STAFF CONTACTS

Centers for Disease Control and Prevention

- www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html
- www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html

LCS COVID-19 website

- www.lcsnet.com/covid-19-update/

Local health department website

- <https://www.healthvermont.gov/local/white-river-junction>

From the Governor

- <https://governor.vermont.gov/covid19response>

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