

A Message from Your Executive Director

Dear Residents and Families,

I hope you all enjoyed the Father's Day weekend! It was great to see so many families getting together for garden visits. We are excited to share that as of today, Monday, June 22nd, we are beginning Phase 1 of our reopening.



Our decision to move to Phase 1 has been made in consultation and coordination with state and regional agencies, advice from public health officials, and the health status of our community. The Village remains COVID-19 free and the case load in the Upper Valley remains at low levels, which gives us confidence to begin to lessen some of the restrictions.

We anticipate Phase One to last approximately two-weeks, during which time we will continue to monitor the situation and make adjustments as necessary.

Please note that during Phase 1 social distancing and masks will continue to be required.

The following activities will resume:

- Small group activities, including group exercise classes (10 residents or less)
- Dining Room for Assisted Living residents will resume full operation this week
 - Hours:
 - Breakfast 7:30 – 10 am
 - Lunch 11:30 – 2 pm
 - Dinner 4:30 – 7 pm
 - One resident or couple per table unless seated at a large table socially distanced
 - Full menu available
 - Afternoon snack cart will continue
 - Delivery of meals will continue for those who prefer to continuing eating in their apartment

WEEKLY NEWSLETTER FOR FAMILIES & RESIDENTS

...continued

- 14-day quarantine required for new residents, residents who have visited the ED and those who have left the community for trips that are not medically necessary
 - Quarantine waived for residents who have medical appointments and transportation to their appointments has been provided by The Village



Visitors

- We're very pleased to be able to offer in-person family visits in Greenough Garden, and we await guidance from the Governor's Office as to when visits inside the community will be approved. Until such time, there will be no visitors permitted inside The Village.
- Please use this link to sign up for your Garden Visit.
- Since we are offering Garden Visits, the time slots for FaceTime and Zoom meetings will be reduced. Please do not hesitate to reach out to Sam if you need help finding a time that works for your family.

Last week our survey focused on communication and our need to do better. We are working on improvements in response to your feedback. For those of you who joined, we hope you enjoyed last week's Talk Time Zoom conversation with Jodi. Call in again this week on Friday at 2pm, this week's topic will be communication and we look forward to hearing your suggestions. The link to join is: <https://us02web.zoom.us/j/85761220670>.

The situation with COVID-19 continues to evolve and as we consistently monitor the situation, evaluate information, and consider next steps, we pledge to communicate with you each step along the way. We are grateful to be starting to ease the restrictions and ask for your prudence and patience during each of the transitions we will undergo in the coming weeks.

Warmly,

Jodi Egger
Executive Director



The weather is beautiful, so don't forget to schedule your Garden Visit or Zoom/FaceTime/Skype calls! Reach out to Sam with any questions: [**traceysamantha@thevillageatwrj.com**](mailto:traceysamantha@thevillageatwrj.com).

Schedule a visit at: [**https://teamup.com/kszegtj8g4jco615xw**](https://teamup.com/kszegtj8g4jco615xw)

This week residents enjoyed root beer floats on the terrace and socially-distanced happy hours with cheese and fruit platters in Teddy's and in Wilder Dining Room. Memory Care residents are enjoying classic guitar music and singing with our new resident Richie who used to play in a band. What an absolute joy to have live music back in The Village!

Our team has been actively entertaining residents one-on-one for the past several weeks with activities such as individual baking in Smith and Sons Kitchen, Catholic Communion in the cinema via YouTube, delivering gift activity packages to resident rooms (including books, snacks, activity books), on-demand movie screenings in the Lyric Cinema and lots of different types of exercise sessions in the gym. In Memory Care, we planted flower and vegetable seeds which we've now planted outside in Gates Garden, taken virtual museum, zoo and aquarium tours, face mask making and a range of art projects. It hasn't been an easy time for residents, but we've enjoyed the time together.





INTRODUCING: TALK TIME

Topic: Communication
Friday, June 26 at 2pm

We're excited to continue our weekly TALK TIME – an open forum with Executive Director, Jodi Egger and additional guest department heads for a round-table discussion with family members around a selected topic each Friday at 2pm.

This week's topic is communication. Bring your ideas, suggestions and creativity! Join the conversation via Zoom via the link below.

<https://us02web.zoom.us/j/85761220670>



WEEKLY SURVEY

As we resuming meals in the Windsor Dining Room, it's a good time to talk about food! We recognize that solo dining in apartments has been challenging, so we'd like your feedback on what you hope to experience as we head back to the dining room. Hearing directly from residents and family members creates an invaluable feedback loop for our team to best serve your needs.

Complete the survey:

<https://www.surveymonkey.com/r/9692RBD>



Department Spotlight: Plant Operations

Our culinary staff is thrilled to be reopening the Windsor Dining Room and welcoming residents back for regular dining service. Adam and his team are working hard to develop menu options and prepare the dining room for socially-distant meals. We can't wait to see our assisted living residents back on the first floor! This week's survey is focused on dining, so please take a few minutes to give us some feedback.

Community Connection:

Getting creative: Actual travel is not an option still so we did some virtual sightseeing this week. Residents took a virtual safari on the big screen in Lyric Cinema which received rave reviews! Next week we'll "travel" to the Grand Canyon.

TIPS FOR THE TIMES



Treat yourself to some of the extraordinary performing arts and cultural content now available on the web. Never-before-seen videos of significant performances, special one-time “live from the living room” shows and lots of a “peak behind the scenes” content will delight you!

One upside of the current travel restrictions is to see wildlife enjoying their human-free natural environments. Depart for **Tanzania’s Serengeti** with two of Africa’s leading wildlife guides, an award-winning wildlife photographer and inspirational film maker on their journey through the Seronera region of the Serengeti.

Watch on YouTube:

<https://www.youtube.com/watch?v=Lz7-syklKIY>



Watch the cast of Hamilton perform **AMERICA**, using the words of Langston Hughes, Bob Marley and Lin-Manual Miranda in a call for peace and equity. Spend 4 minutes and marvel at the marriage of poetry, music and dance.

Watch on YouTube:

<https://www.youtube.com/watch?v=rDv-MBqmMak&feature=youtu.be>



Need a few laughs? **Still Dreaming** is the multi-award winning, uproarious film about the powers of creativity and how engaging in art-making can deeply enrich our lives at any age. At The Lillian Booth Actors Home just outside New York City, a group of long retired Broadway entertainers dive into a production of Shakespeare’s A Midsummer Night’s Dream. With a play usually about young love and sex farce this ensemble finds that for them, the themes of perception, reality and dreaming deeply resonate. This documentary follows the rehearsals as opening night approaches.

Watch Online:

<https://stilledreamingmovie.com/>





We are committed to keeping you informed of how COVID-19 has impacted The Village. Our community continues to be COVID free and we remain committed to following the guidance from both the Centers for Disease Control and Prevention and local health authorities by:

- Requiring employees to wear face masks and adhere to additional screening processes
- Increasing the frequency and rigor of cleaning and sanitizing common community areas
- Restricting visitors inside the community
- Reviewing our emergency preparedness and response program
- Asking residents and employees to communicate any travel plans
- Coordinating best practices across our large partner network
- Making the CDC's COVID-19 prevention resources and recommendations available to all residents

NATIONAL UPDATES

ADVOCATING FOR SENIOR LIVING

Your voice is important for the support of senior living communities. Under the leadership of Argentum, the leading national trade association serving companies that own, operate, and support professionally managed senior living communities, we are calling on Congress to take swift action to ensure the safety and wellbeing of residents and staff of the communities as a result of the COVID-19 pandemic.

Please consider writing your legislators to voice your support of our most vulnerable and precious seniors by prioritizing senior living communities for personal protective equipment, testing and federal financial support. The following links can assist you.

Take action:

Residents - <https://www.votervoice.net/Argentum/campaigns/73634/respond>

Family Members - <https://www.votervoice.net/Argentum/campaigns/73633/respond>

Community Staff - <https://www.votervoice.net/Argentum/campaigns/73635/respond>

General Advocates - <https://www.votervoice.net/Argentum/campaigns/74049/respond>



HELPFUL LINKS & STAFF CONTACTS

Centers for Disease Control and Prevention

- www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html
- www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html

LCS COVID-19 website

- www.lcsnet.com/covid-19-update/

Local health department website

- <https://www.healthvermont.gov/local/white-river-junction>

From the Governor

- <https://governor.vermont.gov/covid19response>

STAFF CONTACTS

Executive Director

Jodi Egger

eggerjodi@lcsnet.com

(802) 295-7500 x 100

(813) 601-5634 mobile

Director of Health Services

Danielle Yoder

yoderdanielle@thevillageatwrj.com

(802) 295-7500 x 122

(802) 356-8521 mobile

Director of Life Enrichment

Samantha Tracey

traceysamantha@thevillageatwrj.com

(802) 295-7500 x 126

(802) 356-8541 mobile

Business Office Manager

Nikki Fortier

fortiernicole@thevillageatwrj.com

(802) 295-7500 x 101

(802) 356-8531 mobile

Director of Culinary Services

Adam Coulter

coulteradam@thevillageatwrj.com

(802) 295-7500 x 107

Director of Plant Operations

Geoff Tuller

tullergeoffrey@thevillageatwrj.com

(802) 295-7500 x 104

(802) 356-8551 mobile

Director of Sales and Marketing

Tammy Latvis

latvistammy@thevillageatwrj.com

(802) 295-7500 x 102

(802) 356-8501 mobile

Move-In Coordinator

Carol Kolenski

kolenskicarol@thevillageatwrj.com

(802) 295-7500 x 103