



ASKING THE RIGHT QUESTIONS

WHEN VETTING A POTENTIAL ASSISTED LIVING COMMUNITY

1. About your Staff...

- How many staff care for each resident?

- What type of training do your care staff receive?

- Are staff available at all times?

- Are there staff on site with medical training?

- In the event of a medical emergency, what are the procedures?

2. About the Accommodations...

- Can residents personalize and decorate their apartment?

- Is every apartment identical or are there a variety of shapes, sizes, views and locations to select from?



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- **Are the apartments quiet? How efficient is the soundproofing between rooms?**

- **Do all apartments have 24-hour emergency response systems?**

- **Are pets allowed and if so, what facilities are available for them?**

- **How frequently does house-keeping visit?**

- **How does the laundry service operate?**

3. About your Food and Meals...

- **How many meals are provided per day?**

- **Does the daily menu vary?**

- **Is all food freshly prepared on site?**



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- **Are there set meal times?**

- **What happens if a resident is hungry outside these times?**

- **Can visitors dine with residents?**

- **Is there a selection of fresh fruit & well-prepared vegetables available at every meal?**

- **Are there facilities for residents to prepare food for themselves if they wish to?**

4. About your Activities & Shared Spaces...

- **What type of activities are available and how often do they occur?**

- **How do residents find out about activities?**

- **Where do activities take place?**



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- Do all activities take place on-site? If not, how do residents travel and how are they accompanied?

- Are residents encouraged to engage with the surrounding community and if so, how?

5. About Medication & Healthcare...

- Is there a medication management policy in place for the community?

- Is there a written medical plan for each resident and where is this information kept?

- If a resident would like to see a doctor or other specialist, what is the procedure?

- If your loved one has a specific condition, make sure that the staff has experience with it or similar conditions.

- Can a resident keep medication in their apartment to self-administer, or must all medication be administered by staff?



Other questions to ask yourself...